



Dear Westwind Community,

We want to assure you that we are committed to the prevention of the transmission of COVID-19. As a Medical and Dental facility, we have ALWAYS adhered to the highest level of OSHA required Universal Safety Precautions, Disinfection, and Sterilization for our patients in our offices. We are well-prepared to meet the needs of our patients and communities and our facilities are SAFE.

To help reduce aerosol transmissions, you have the option to remain in your car prior to being brought back to the Medical or Dental Operatory for your scheduled visit. Please call our patient care team as soon as you arrive to our office's parking lot. When your operatory is ready, one of our team members will meet you at your car and escort you into our office.

**What you can do** - The healthier you stay, the healthier our community remains.

As always, we will treat your concerns with respect and ensure that you receive the best care in the safest way possible.

1. Seek medical care immediately if you feel lethargic, have a slight fever, or congested. We are here for you in the office and through our Telemedicine virtual care portal. Do not wait until your symptoms get worse. Call, text, or email us IMMEDIATELY.
2. Keep yourself healthy and keep your body and your mouth clean. Take your hygiene seriously by washing your hands, brushing and flossing your teeth, not touching your face, maintaining a clean and healthy diet and practicing social distancing.
3. Do not postpone your medical or dental appointments as untreated disease can have a negative effect on your immune system and overall health.

**Our Providers and Team are here to help keep you and your family safe and healthy.**

1. All patients with MEDICAL and DENTAL needs will be seen SAME DAY, we will fit you in!
2. All dental patients will receive a medical screening and transferred to the Medical team for a routine check-up if they choose. We will be monitoring every patient's temperature and asking additional screening questions in order to keep everyone in the office as safe as possible.
3. **Virtual Healthcare** – We are currently creating a **Tele-Medicine** and **Tele-Dentistry** website that will be available very shortly for all patients. If you have a MEDICAL or DENTAL concern and would like a virtual consultation or exam you will be able to login to our Telemedicine Portal and schedule a virtual appointment. This option should be active by end of this week, we will keep you updated.

Our mission is to care for you. At Westwind, the needs of our patients come first. We are committed to meet your needs throughout the current situation and beyond! We are here to answer any and all of your questions; please reach out to us at [info@westwindih.com](mailto:info@westwindih.com) or text 602-769-1169.

Thank you for choosing Westwind Integrated Health for your healthcare needs.

Sincerely,

Maryam Beyramian, DDS  
Founder & Chief Operating Officer

Nabil Fehmi, DDS  
Founder & Chief Clinical Officer